

Power of Choice 2017

Shelby High School

Wednesday, April 5, 2017



9:00 - 9:30 a.m. Opening (auditorium)

9:30 - 10:15 Life Choices (Part One)

Life of an Athlete program was developed by John Underwood, President and Founder of the Life of an Athlete Human Performance Project. Mr. Underwood is a former NCAA-All American distance runner and World Masters Champion. An athlete all his life, John has been an Olympic level coach, teacher, trainer and is a crusader for drug-free sports. Please encourage coaches to attend this presentation.

10:15-10:35 Break (lobby) Treats provided by DUI Task Force

10:40 - 12:25 Life Choices (Part Two)

12:30 - 1:15 Lunch

1:15 - 2:40 Reality Check Show: Hallway Heroes (auditorium)

Reality Check is a fast-paced trivia program that gives students a chance to show off their knowledge in an elimination-style program. Questions involve some current events, pop culture, and random facts, as well as a strong emphasis relating to bullying prevention.

2:40 - 2:50 Closing Remarks

