

# Health Fair

Friday, Oct. 12 • 7 a.m. to 2 p.m.

Shelby Civic Center

“Follow the Trail to Good Health”

*Preventative Healthcare for a Healthier Community*

## Blood Draws — (7 to 11a.m.)

Payment at time of draw!

*(Please fast 8-10 hours, but drink plenty of water)*

- Health Panel ..... \$50.00  
(Complete Metabolic Profile, CBC, Lipid Panel, & TSH)
- PSA ..... \$40.00  
(Prostate cancer blood screening)
- Vitamin D testing ..... \$40.00
- Flu Shots (provided by Marias Healthcare).....\$20.00

## Free Blood Sugar Checks

## Booths

- American Red Cross
- Marias Healthcare Dental -Bryan Haight, D.D.S.
- Blood Pressure Checks
- Montana Cancer Control Programs
- “Buckle -Up Montana”
- Montana Tobacco Use Prevention Program
- Shelby Chiropractic - Free Posture & Fibromyalgia Screenings
- Toole County Health Department
- MMC Rehabilitation Department
- MMC Respiratory Department - Free Spirometry for detection of breathing disorders
- Arbor reflexology
- Healthy Montana Kids – Low Cost Health Coverage
- Kalispell Regional Medical Center
- North Central Montana Area Health Education Center
- MMC Infection Control - Immunization Education
- Kennedy Counseling
- MMC Social Services - Advance Directives
- Family Heritage Insurance
- Montana Long Term Care Ombusman Program
- Bio Tune-Up
- Nutrition Education with Carolyn Wendell
- Foot Care
- Hi-Line’s Help for Abused Spouses
- Hearing Aide Institute - free hearing screenings & video Otoscope
- Marias Heritage Center

*Lunch Available  
Door Prizes*

☆☆ **NOON** ☆☆  
**TALKS**

☆ *Medicare - your questions answered*  
☆ *my pro p Dr. Chuck Marler*

- MMC Radiology
- MMC Auxiliary
- Shelby Community Garden
- Defibrillator/Trauma Prevention
- Center for Mental Health
- MSU Extension-Toole County
- Bowenwork with Marla Hasquet
- Toole County Health Foundation
- Northern Montana Insurance
- Blue Cross/Blue Shield
- Shelby Civic Center
- Narcotics Anonymous
- Alcoholics Anonymous
- Gateway Recovery
- Al-Anon
- PrimeVest Financial
- Alcoholics Anonymous
- Marias Care Center
- Meals on Wheels
- Toole County Sheriff Department
- Sleep Disorders & Treatment
- doTerra Essential Oils
- CASA
- MMC Trauma Committee - distracted driving course
- Northtown Drug - “Dispose My Meds” safety disposal program
- Youth Dynamics

Sponsored by Toole County Health Foundation